



England Athletics Masters Association

ENGLAND MASTERS CROSS COUNTRY TEAM SELECTION - 2020

The EAMA cross country team selection process has been changed and there will now be a selection race for the teams to compete in the 2020 British & Irish Masters Cross Country International to be held in Dublin on 14th November. The selection race will be held on 10th October 2020 and it will be incorporated within a North Midlands Cross Country League race. The team will be selected in all 5-year age categories. The venue for the race will be Markeaton Park, Kedlesdon Road, Derby DE22.

Parking for athletes will be available at Markeaton Island car park (2 Metre height restriction) up to 4 hours – £3.80 and Mundy Play Centre car park which is 500m from the course but nearest to the only Park toilets.

Race distances will be – All Women's age categories and men aged 65 to 75 plus – 6k. Men aged 35 to 64 – 9.8k. The race start times will be 1.50pm for the 6k race and 2.20pm for the 9.8k race.

Race entry fee - £6 (UKA registered athletes). Race numbers must be collected on the day from the **selection race** reception point between 11.45am to 1.00pm **prompt**.

Entry is via the BMAF Open Track system **only** and the closing date for entries is **Friday 25th September**.

In order for the area selectors to have sufficient information in respect of athlete's 2020 achievements, it will be necessary for you to complete the application form below, this is required from both those competing in the selection race and those who are not able to compete in the event but still wish to be considered for selection.

Selection will be as follows:

The first four from the teams of six will be automatically selected.

The first three from teams of four will be automatically selected.

Age categories for teams of six are – M35, M40, M45, and M50.

Age categories for teams of four are – Women 35 to 75 plus and M55, M60, M65, M70, M75.

The remainder of the teams and reserves will then be selected by the area selectors immediately after the event by considering the information provided on the forms.

Please supply all 2020 performances that you feel are relevant, including 5k road, 10k road, cross country and track.

If you require assistance with the above, please contact kimrunner11@hotmail.co.uk



ENGLAND ATHLETICS
WORKING IN PARTNERSHIP

**ENGLAND MASTERS CROSS COUNTRY TEAM SELECTION-2020
APPLICATION FORM**

Full Name

Address.....

.....post code.....

Date of Birth- DD/MM/YYYY.....Male/Female (delete as necessary)

Age category – W35, W40, W45, W50, W55, W60, W65, W70, W75. (Circle as appropriate)

M35, M40, M45, M50, M55, M60, M65, M70, M75. (Circle as appropriate)

Telephone number.....

Email address.....

UKA clubRegistration number.....

BMAF Area ClubMembership number.....

Entry fee - £6 UKA registered.

Relevant performances:

Date:	Event:	Distance:	Time:	Position:
_____:	_____:	_____:	_____:	_____:
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England Athletics Masters Association

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I accept that the organisers will not be responsible for any loss, damage or expenses which may arise as a consequence of my participation this event. I also declare that I am fit to participate in this event.

Signed.....

Date.....

As part of the entry process the entrant provides personal details with regards to their entry to the event as required by the event organiser. We do not pass on your details to any other organisation and the details are used only for the purpose of data collection by EAMA.