

## **British Masters Cross Country Championships 2024**

Saturday 16<sup>th</sup> March 2024

Venue: Rhug Farm, Corwen, Denbighshire, North Wales

Corwen is on the A5 Trunk Road in the Dee Valley – 20 miles west of Wrexham and 10 miles west of Llangollen where there are several hotels and guest houses.

Race 1 starts at 12.00 over an approximate 6k course for all ladies and men 65+

Race 2 starts at 13.00 over an approximate 8k course for men 35 to 60.

Entry is via the BMAF opentrack and the entry closes on 9<sup>th</sup> March.

The event will also incorporate the EMAA Inter- Area Cross Country Challenge.

Check out the details on the BMAF fixtures page.

For any queries about the event contact Harry Matthews on 07858796574.