

EMAA Inter Area Cross Country Challenge

History of Individual and Team results

Date	Venue	Individual Male	Individual Female	Men's Team	Women's Team	Overall Team
16/03/2024	Corwen	Paul Ward MMAC (82.23%)	Monica Williamson MMAC (79.84%)	Midland Masters AC (72.89%)	Midland Masters AC (77.4%)	Midland Masters AC (75.15%)
04/03/2023	Croydon	Mark Tennyson VAC (87.05%)	Joanna Quantrill VAC (87.13%)	Veterans AC (83.20%)	Veterans AC (80.71%)	Veterans AC (81.95%)
05/02/2022	Wallsend	Stanley Owen NMAC (87.49%)	Carole Page NEMAA (88.66%)	North East Masters AA (81.90%)	North East Masters AA (86.31%)	North East Masters AA (84.12%)
14/03/2020	Corwen	Alastair Walker SVHC (83.63%)	Monica Williamson MMAC (77.44%)	Welsh Masters Athletics Ltd (77.32%)	Midland Masters AC (73.65%)	Northern Masters AC (74.61%)
28/09/2019	Bury-St-Edmunds	Andrew Grant NMAC (88.10%)	Angela Copson MMAC (91.40%)	Northern Masters AC (82.00%)	Eastern Masters AC (78.30%)	Eastern Masters AC (79.60%)
29/09/2018	Bury-St-Edmunds	Andrew Leach EMAC (88.94%)	Angela Copson MMAC (90.22%)	Eastern Masters AC (368)	Veterans AC (436)	Eastern Masters AC (749)
25/11/2017	Bournemouth	Peter Giles VAC (90.48%)	Penny Forse SCVAC (93.55%)	South West Veterans AC (195)	South West Veterans AC (97)	South West Veterans AC (292)
08/10/2016	Wimbledon	Lance Nortcliff SCVAC (24:48)	Clare Elms VAC (27:44)	Veterans AC (67)	Veterans AC (37)	Veterans AC (104)