



England Masters Athletics Association

Inter-Area Outdoors Track and Field Challenge 2026

Yate Outdoor Sports Complex, Broad Ln, Yate, Bristol BS37 7LB

Sunday, 02 August 2026 **Provisional Timetable**

TIMES MAY CHANGE ON THE DAY LISTEN FOR ANNOUNCEMENTS *rds=rounds *W35 Hurdles W40 hts and distances*

6 throws and 6 horizontal jumps; see rules for other jumps; Walk: all age groups *16:15 Discus cage 2*

Track					
10:30	110mH	M35	14:18	100m	M60
10:40	100mH	M50	14:21	100m	M70
10:50	100mH	M60	14:30	800m	W35
11:00	80mH	W35 *40 hts*	14:35	800m	W50
11:05	80mH	W50	14:40	800m	W60
11:15	80mH	W60	14:45	800m	W70
11:25	2000m Walk	Women ALL	14:50	800m	M35
11:45	2000m Walk	Men ALL	14:55	800m	M50
12:10/12:17	1500m	W35/W50	15:00	800m	M60
12:24/12:31	1500m	W60/W70	15:05	800m	M70
12:40/12:45	1500m	M35/M50	15:15	200m	W35
12:50/12:57	1500m	M60/M70	15:18	200m	W50
13:05	400m	W35	15:21	200m	W60
13:10	400m	W50	15:24	200m	W70
13:15	400m	W60	15:27	200m	M35
13:20	400m	W70	15:30	200m	M50
13:25	400m	M35	15:33	200m	M60
13:30	400m	M50	15:36	200m	M70
13:35	400m	M60	15:45	3000m	Women all ages
13:40	400m	M70	16:05	3000m	Men all ages
Lunch Break for Track officials			16:30	4x100m	W35
14:00	100m	W35	16:35	4x100m	W50
14:03	100m	W50	16:40	4x100m	W60
14:06	100m	W60	16:45	4x100m	M35
14:09	100m	W70	16:50	4x100m	M50
14:12	100m	M35	16:55	4x100m	M60
14:15	100m	M50			

Field		
10:00	Discus	W35/W50
10:00	Shot Put	M60/M70
10:00	Long Jump	W60/W70
10:00	High Jump	M35/M50
10:30	Pole Vault	W35/W50/W60
11:25	Long Jump	M60/M70
11:30	Shot Put	W35/W50
11:50	Discus	M35/M50
12:10	High Jump	W35/W50
12:30	Pole Vault	M35/M50/M60
13:00	Long Jump	W35/W50
13:15	Shot Put	M35/M50
13:25	Discus	M60/M70
14:30	Javelin	M35/M50
14:45	Shot Put	W60/W70
14:50	Hammer	W35/W50
14:50	Long Jump	M35/M50
15:20	Triple Jump	W35/W50
16:15	Discus	W60/W70
16:15	Javelin	W35/W50
16:40	Hammer	M35/M50
16:45	Triple Jump	M35/M50